

Hillwalking 'What to bring' – Adult courses



- Walking boots/ strong footwear
- Long thick walking socks
- Backpack with plastic bag to keep contents dry
- Tracksuit / walking trousers (no denims)
- Fleece/ warm jumper
- Hat/ Gloves/ spare jumper
- Rainjacket & rain leggings
- Flask, water bottle, lunch and snacks
- Map & Compass

We can supply: (check in advance)

- Walking boots
- Rain jacket & leggings
- Backpack
- Map & Compass

