

## Kayaking, Canoeing, SUP



## What to bring:

- Swimming togs or shorts
- Footwear water shoes or spare runners to wear in the water ( not crocs/ sandals/ plimsols)
- Towel, warm clothes and gear bag we will get changed at the lake/river

## We will supply:

Wetsuit, Buoyancy Aid, Helmet

USION 10'10"x32"